

# DRUG USE IN UMATILLA COUNTY

## Prescription Drug Abuse



16% of adults had used medication not prescribed for them or they took more than prescribed to feel good or high and/or more active or alert during the past 6 months.

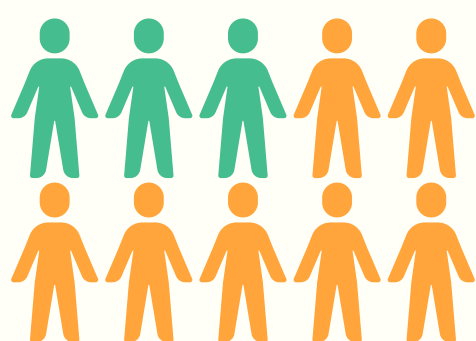
~Young adults (age 18 to 25) are the biggest abusers of prescription (Rx) opioid pain relievers, ADHD, stimulants, and anti-anxiety drugs.

~Reasons for abusing these drugs include: getting high, relieving pain, studying better, dealing with problems, losing weight, feeling better, increasing alertness, and having a good time with friends.

~In 2010, almost 3,000 young adults died from prescription drug (mainly opioid) overdoses. This was a 250% increase from 1999.

Long Term health issues include; addiction, overdose, death, heart problems, psychosis, and risk of HIV, hepatitis, and other infectious diseases from shared needles.

## Cannabis



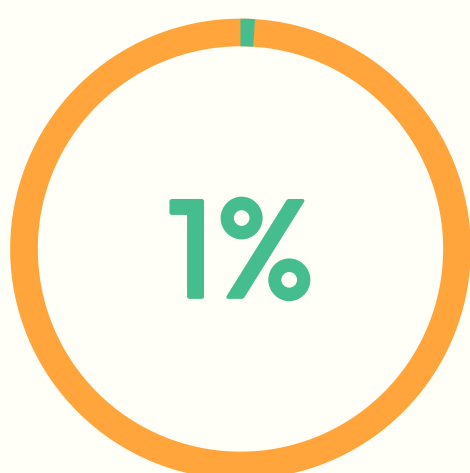
11% of adults in Umatilla-Morrow Counties had used cannabis in the past 6 months, increasing to 28% of those under the age of 30.

Long term health issues from cannabis use include; Mental health problems, chronic cough, and frequent respiratory infections.



Common street names for Cannabis are: Marijuana, 420, Blunt, Bud, Doobie, Dope, Ganja, Grass, Green, Herb, Joint, Mary Jane, Pot, Reefer, Skunk, Smoke, Trees, Weed.

## Recreational Drug Use



1% of adults in Umatilla-Morrow Counties reported using other recreational drugs such as cocaine, synthetic marijuana/K2, fentanyl, heroin, LSD, inhalants, Ecstasy, bath salts, and methamphetamines.

Long Term health issues include; addiction, overdose, death, heart problems, nasal damage, heart attack, potentially deadly withdrawal symptoms, and risk of HIV, hepatitis, and other infectious diseases from shared needles.

It is important to realize that unlike prescription drugs or cannabis sold at state sanctioned dispensaries, recreational drugs are not regulated or dosed, which means their potency and ingredients can vary wildly and can be incredibly dangerous and deadly due to these inconsistencies.

Information provided Umatilla County Health Department, for more information visit: <http://www.co.umatilla.or.us/health/img/Umatilla-MorrowCountiesHealthAssessment.pdf>

## Getting the Help You Need

Umatilla County Alcohol and Drug:

541-278-6330 Pendleton

541-564-9390 Hermiston

Eastern Oregon Detox Center:

541-278-2558 Pendleton

New Horizons:

541-289-0190 Hermiston

Health and Wellness Resource Center at BMCC:

Caitlin Steele  
csteele@bluecc.edu

Blue Mtn Associates/Grand Ronde Recovery:

541-663-4104 Pendleton